

Sandra Bendrik Soprano

Swedish-Norwegian soprano Sandra Bendrik graduated from the University College of Opera at Stockholm University of the Arts in 2024 and is from the 2024/25 season, engaged for two seasons at the Norwegian National Opera & Ballet through WOYS - the Wilhelmsen Opera Studio for Young Singers.

Sandra begins the 2025/26 season at the Norwegian National Opera as **Second Nymph** in *Rusalka*, followed by **First Lady** in Barrie Kosky's acclaimed production of *The Magic Flute*. In the spring, Sandra will perform **Tebaldo** in *Con Carlo* and **Female Chorus** in *The Rape of Lucretia* and to conclude the season, she will present a newly composed work, written for her by Rolf Gupta, in a concert conducted by Edward Gardner.

In her first year at the Norwegian National Opera, Sandra appeared in roles such as **Annina** in Verdi's *La traviata*, **Stasi** in Kálmán's *Die Csárdásfürstin*, and **Pepík** in Janáček's *The Cunning Little Vixen*. Sandra also sang the role of **Fiordiligi** in *Così fan tutte* in a WOYS production, while serving as cover for the role in the original production at the Norwegian National Opera. In the summer of 2025 as **Sophie** in *Werther* at Roslagens Sommaropera in Österbybruk.

In 2023, Sandra Bendrik made her debut on the stage of the Royal Swedish Opera, singing the role of **A slave** in Strauss's *Salome* during her internship there. Sandra has also been a guest at the Drottningholm Palace Theatre, where she was the cover for the role of **Titania** in Purcell's *A Midsummer Night's Dream*. That same year, Sandra sang **Micaëla** in Operaviva's production of Bizet's *Carmen*.

In the summer of 2024 Sandra participated in the Kirsten Flagstad Festival in Hamar, where she sang the role of **Pamina** in *Die Zauberflöte* and took part in several concerts. During the University College of Opera's graduation production at Wermland Opera in the spring of 2024, Sandra performed the role of **Rosaura** in Wolf-Ferrari's *Le Donne Curiose*, under the direction of Stina Ancker and conductor Andreas Hansson.

During her studies, Sandra has performed in numerous concerts with, among others, the Royal College of Music's Symphony Orchestra under the direction of Tobias Ringborg, the Royal Institute of Technology's Academic Orchestra led by Mats Janhagen, and with the Royal Swedish Orchestra at the Royal Swedish Opera's New Year's Concert in 2022, conducted by Vincenzo Milletari.

Sandra Bendrik also holds a degree in Professional Dance and Musical Theatre from The Urdang Academy in London, obtained in 2018, which was followed by international tours in the USA, Europe, and Asia.

In 2023 and 2024, Sandra has been awarded scholarships from the Swedish Wagner Society, the Joel Berglund Scholarship Fund, the Lisbeth Håkansson Memorial Fund, the Ruth Otterman Scholarship Fund, the Scholarship Fund of July 25 1988, the Anders Sandrew Vocal Scholarship, and the Barbro Salén Vocal Scholarship.

November 2025

Please contact Braathen Artist Management if you wish to edit this biography